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### General News



**Progress reports will be mailed home the week of April 17th for students that are failing a class.**



Our school is now taking online payments for student fees. You can access the online payment system through PowerSchool, under Student Fees, through the KPBSD website, under the Students/Parents tab or through the KPBSD app, under online payments. There is a 3.61% per transaction fee for the service, not a source of revenue for the district. Food services payments are accepted online also. **If you do make an online payment for activities only please let the office know.**



The 7<sup>th</sup> and 8<sup>th</sup> grade social studies class is looking to replace the six ancient and crumbling globes currently being used. To get an idea of how old they are consider this: three of the six globes still have the Soviet Union on them! If you have a globe at home that is collecting dust and you would like to see it put to good use, bring it by Seward Middle School. Thank you!!!!

### Important Dates for

- April 3: Track practice starts. \$60 track fee due.
- April 4: PEAKS testing 8th grade only.
- April 5: Early Release at 12:50pm for students.
- April 6: Update meeting on budget 5pm Seward Elementary.
- April 13: Site-Based Council meeting 6:30pm at Seward Middle.



## Principals Desk

### April Message

Happy spring! There are many more activities to come, both this month and next. We will work diligently to share what's going on and what is to come in the news!

### Cyber Crimes

Brought to you by Lt. Valadez of SWPD and Sergeant Whitt from APD, students in grades 4-8 will learn through a short presentation which covers safety associated with Social Media, Cyber bullying, Sexting, and Online Predators. Sergeant Whitt presents annually across the Anchorage area to dozens of schools (private and public), PTA's, ASD Counselors and Teachers. Most recently their unit traveled through the Northern Valley schools of the Matsu School District and in December presented at an Alaska Pediatricians conference. Sometimes people worry that they show images of child pornography. Sergeant Whitt, and Lt. Valadez assure you their presentations DO NOT include anything of the like. There are some difficult subjects such as the potential suicide risks associated with cyber bullying and that sexting occurs, but the presentation is conducted in a very professional manner with appropriate ways to deal with each.

A parent version of this presentation will be shared to parents the night of the 12th, from 6:00-7:00, in the middle school auditorium. Learn how you can be proactive, to reduce potential for risky cyber behavior...

### Music

Seward Middle is hosting a number of performances, both past and on the horizon. Thank you to Dr. Turner, Ms. Walker, Mr. Barnwell and Ms. James for leading such awesome performances, and showcasing the talents of our kiddos! Here are a few more to come:

- April 18—Mass Choir at Skyview
- May 2—Mass Band at Skyview
- May 16—Music in auditorium
- May 18—Drama in auditorium

### Art

Ms. Pechuzal and CJ Ray volunteered in our 6th grade pod recently, bringing art and observation into the classroom. Students observed the details of specific mollusks, and echinoderms in our environment, and artistically made a picture of them using the techniques of tone, shade, and texture.

### Activities

Track and field begins April 3rd. Lori Allen is the current head coach, and I am working to fill the assistant position this week. Lori is very excited to continue working with the team, teaching a life-long skill and encouraging our athletes to believe in themselves.

Congratulations to Gavin Foote (7th) for representing Seward Middle at the annual Alaska State Geobee this Friday (3/31)! Way to go, and good luck!

### Community

Thank you to Mica Van Buskirk and the site council, the Seward PTA, and all members of the community who shared their comments as it pertains to SB 96. Schools are a social enterprise, and it is incumbent upon individuals to be proactive, take an opportunity to contribute, and help share responsibility in an effort to make our schools the best place possible for our kids! This is an incredible community of volunteers and support. If you have any questions or comments, please feel free to stop in my office.

Best wishes, Andy

## Teacher News

**Parents/Students please take time to visit the teachers sites below. If absent this is where your child needs to check for assignments.**

- Mrs. Hull class pages: [www.lilglobalvillage.com](http://www.lilglobalvillage.com)
- Mrs. Journey Scrivo: [www.scrivosuperstars.com](http://www.scrivosuperstars.com)
- Mr. Barnwell: <https://sites.google.com/a/q.kpbsd.org/mr-b-s-6th-grade-09-10/>
- Ms. Hammer: <https://ps.kpbsd.k12.ak.us/public/home.html>
- Mr. Skraba Reising: Algebra: <https://kpbsd.instructure.com/courses/33292>

Geometry: <https://kpbsd.instructure.com/courses/33102>

- Mrs. Nichol Canvas class page: <http://bit.ly/2bQkvi4> 

- Mrs. Walker: LA 7 Canvas page to access homework, upcoming assignments, and expectations: <https://kpbsd.instructure.com/courses/33703> or with a QR code reader on your smart phone: 

- Mrs. Walker: LA 8 Canvas page to access homework, upcoming assignments, and expectations: <https://kpbsd.instructure.com/courses/33701> or with a QR code reader on your smart phone: 

## 3rd Quarter A/B Honor Roll Students



**6th Grade:** Cory Barber, Ozzy Deel, Allie Dixon, Renee Elhard, Arianna Forero, Aly Guernsey\*, Damion Hart, Paxton Hill\*, Elias Jordan, Porter Rockwell, Francisco Sanchez, Dillon Tinker, Alexi Walker, Mary Withrow.

**7th Grade:** Rowan Bean\*, Gaia Casagranda, Caitlin Corrigan\*, Wren Dougherty, Karlye Ebberson\*, Joseph Foutz\*, James Milburn, Annika Nilsson\*, Hannah Schilling\*, Shelby Sieminski\*, Peter Spanos, Chynna Stanley, Sailor Terry\*, Emily Unrein, Mikya Wallace\*.

**8th Grade:** Anevay Ambrosiani\*, Paola Baez\*, Reanna Brewi, Cody Bryden\*, Devon Campbell, Selma Casagranda\*, Levi Deboard, Emmalee DeLand, Malia Hewitt\*, Trey Ingalls\*, Sam Koster, Neil Lindquist, Kylie Mullaly\*, Thomas Ooka, Maxwell Pfeiffenberger\*, Marisa Phasomsap, Angel Purigay, Tegan Retzer\*, Katelyn Sawyer-Lemme\*, Angel Schwertfeger, Sequoia Sieverts, Ashely Trapp, Makaira Williams.

\*4.0 GPA

## School Spirit Week

- ◆ MONDAY, 4/3—PAJAMA DAY
- ◆ TUESDAY, 4/4—TWIN DAY
- ◆ WEDNESDAY, 4/5—IDENTITY THEFT DAY
- ◆ THURSDAY, 4/6—ONE COLOR DAY
- ◆ FRIDAY, 4/7—FLANNEL DAY



## Maker Lab Donation Drive

It's time to clean out your junk drawers, garages and craft corners!

We are starting a Maker Space at the SWMS and need materials. If you have any of the following in good working order please drop them off at the front desk. If you have large donation or a question email [cnichols@kpbsd.org](mailto:cnichols@kpbsd.org) or call Carlyn Nichols 224-9022 to arrange a pick up.

### We Need the Following:

- LEGOS
- KNex (or other constructive toys)
- Tools (in good working order)
- Craft Supplies (ANY!!!!)
- Sewing Material and Remnants
- Sewing Notions/Supplies
- Play dough, modeling clay (not dried out)
- Glue Guns



## Silvers Of The Month



SILVERS OF THE MONTH DEMONSTRATE QUALITY CHARACTER THROUGH SCHOOL ACHIEVEMENT AND ACADEMIC CITIZENSHIP.



Allie Dixon  
6th Grade



Alex Torres  
7th Grade



Jordan Sewell  
8th Grade

## Sports

### Track Schedule:

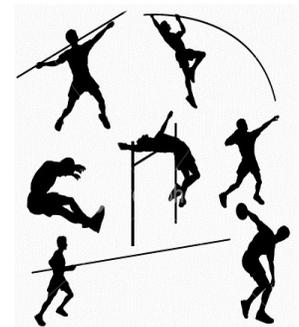
Start date: April 3 2017

End date: May 13, 2017

**Head Coach: Lori Allen**

- ⇒ Friday, April 14—Homer Invitational @ Homer 3:30pm.
- ⇒ Thursday, April 20—Kenai Invitational @ KCHS 3pm.
- ⇒ Wednesday, April 26—Skyview Invitational @ SOHI 3pm.
- ⇒ Friday, May 5, 2017—Nikiski Invite @ Nikiski 3pm.
- ⇒ Tuesday, May 9, 2017—Borough Prelims @ Kenai Middle School 3pm
- ⇒ Saturday, May 13, 2017—Borough Meet @ SOHI (Hosted by Kenai Middle)

**\*Participation forms and \$60 fee due on the first day of practice 4/3/17.**



# Nurse

## Chasing the Dragon

When I was in high school, we called this drug Smack. Heroin has had many names. Heroin was invented in Germany in 1874 because many people were addicted to morphine and the marketing touted that Heroin was a “safe, non-addictive substitute for morphine”. So, it is not a new drug by any means. Today, experts in the field are saying that many people get addicted to prescription painkillers such as OxyContin and end up moving onto abusing heroin. Governor Walker has claimed this issue in Alaska as a public health disaster and recently signed into law that removes civil liabilities from doctors and trained bystanders to provide help to individuals by prescribing and administering Narcan (naloxone). Narcan is used for someone who has signs and symptoms of a drug overdose from heroin and other opiates. Fred Meyer in the lower 48 is now selling Narcan without a doctor’s prescription. Alaska is working on providing Narcan kits to many organizations now. The kits would contain the Narcan nasal spray, CPR barrier mask and a pair of gloves. Recently, the district school nurses had an in-service on that very topic. Our speaker was a brave, young woman. She tells her HS story. She talks about herself as being well-rounded, involved in activities and was a very good student. She said she fell in love with someone who was very popular and “all the girls wanted to date him”. She said she felt lucky to be with him. He smoked marijuana and encouraged her to do so as well. She had never had any experience with drugs or alcohol but she felt like if she wanted to keep her boyfriend, she would need to start smoking marijuana as well. Her boyfriend then proceeded to other drugs including heroin. Unfortunately, she followed his footsteps. This young woman now has had a lifetime of abusing heroin and other drugs. She has been taken to the ER many times and close to dying due to overdoses. Alaska’s average inpatient medical costs for heroin poisoning is \$30,000. She now has children and a husband who have seen her through stints of rehab and failing sobriety. She finally won her battle against heroin after many years of pain. She has spearheaded purchasing a house in Soldotna for the purpose of having a home for women getting out of prison and are having issues with addiction. She said she didn’t know the first thing about helping others and decided to just start asking help from the community and experts in the field. She visited other homes in Alaska and got local funding to purchase the house. The name of the house is Freedom house which will be finished soon and she has a waiting list already. So for her, she has stopped chasing the Dragon.

Nurse Yoly



## What lifts you up?

Students can write down a positive phrase that lifts them up and share with others.

This is a great way to bring positive encouragement to our school!



KPBSD

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P.O. Box 1149  
304 Sea Lion Ave.  
Seward, AK 99664  
Phone: 907-224-9000  
Fax: 907-224-9001  
Office Hours: 7:30-3:00 Mon.-Fri.*

A graphic for the "Ignite your SHINE" campaign. It features a black and white photograph of a person holding a lit candle. The text "BUILD A RELATIONSHIP WITH EVERY SINGLE CHILD." is at the top, followed by "THEY ARE A WHO, NOT A WHAT." in large, bold letters. At the bottom, the hashtag "#igniteyourSHINE" and the website "igniteyourSHINE.com" are displayed.

**BUILD A RELATIONSHIP  
WITH EVERY SINGLE CHILD.**

**THEY ARE A WHO,  
NOT A WHAT.**

#igniteyourSHINE | igniteyourSHINE.com

**We're on the web**

<http://sewardmiddleschool.blogs.kpbsd.k12.ak.us/wpmu/>

## District News

**The Alaska State Legislature:** Visit the [KPBSD and the Legislature](#) webpage, and [follow the Alaska State Legislature](#) to track bills, locate and contact your legislators, and access committee information.

**Funding for KPBSD schools – Learn. Get Facts. Act:** Do you know which educational opportunities for your children and the youth in our communities might diminish because of a multi-million dollar budget deficit in the KPBSD? KPBSD counts on the state and borough to fund public education, and if there is a further reduction in funding, your classes and quality of education will suffer. But, we can be part of the fiscal solution, and it starts with learning, facts, and conversations with friends, neighbors, schools, and elected officials. The [budget recommendation](#) goes to the school board in March. [Learn more.](#)

**KPBSD Key Communicators** Are helping people in their local communities learn more about KPBSD, while assisting the school district to learn what people in our schools and community think, feel, and know. [Learn more.](#)

**School Safety Closure or Delay Start information:** Parents and guardians, school safety is a top priority in the KPBSD. It's important for you to know what to do before, during, and after a school emergency, weather related delay start, or school closure. [Learn more here.](#)

**Volunteer in a KPBSD School:** KPBSD appreciates our volunteers who make a difference every day in our schools! New and returning volunteers: begin your confidential, online application here: [Volunteer in a KPBSD school.](#)

**KPBSD Mobile App:** Free, the KPBSD app provides you direct access to the district's most sought after information in the most convenient format—your mobile device. You can find Kenai Peninsula Borough SD in the app store. [Tips & more!](#)